What to expect after the procedure

- Some local discomfort may be experienced.
- Nerve stimulator may provide abnormal sensations, which your body adjusts to.
- A Representative from Medtronic will be in contact with you to check on your settings and responses.
- A review with Medtronics will be scheduled at 3 months, to confirm that the device is functioning optimally
- Further review appointments will be scheduled as required
- The battery should last between 7-10 years
- NB! Each person is unique and for this reason symptoms may vary!



What next?

- A date will be set for a review by myself and Medtronic on regular intervals
- Please don't hesitate to direct all further queries to Dr Schoeman's rooms.



See this live on: vidscrip.com/urojo

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Second Stage Sacro Neuro Modulation

When the Temporary leads for SNM has proven to have given an improvement in symptoms a permanent lead placement is done

The aim was to alter the neuro-transmission from the Spinal Centre to the Bladder:

Why is it done?

- To alter the neuro-transmission from the Spinal Centre to the Bladder:
- Refractory Over Active Bladders with Urge Incontinence .
- Under Active Bladders
- Chronic Pelvic Pain
- Faecal Incontinence
- Causative factors:

Undetermined Neurogenic causes such as Multiple Sclerosis

Pre-requirements

- An informed consent is required from the patient .
- Patients may not eat or drink from midnight the previous evening (not applicable if done under local anaesthetic) 8 hours NBM
- Patients are to refrain from smoking before the procedure.
- Patients allergic to IODINE/CHLORHEXIDINE should clearly state this at pre-admission clinics as well as to theatre staff and Dr Schoeman
- This is usually a day surgery procedure unless travelling from further than Brisbane
- Should not be on any anti-coagulation: Asprin, Plavix, Warfarin.



How is the permanent lead placement done?

- A sedation or GA is administered with local anaesthetic
- You will be placed prone (on your stomach) with lower back and buttocks exposed
- The tined lead that has been placed in the S3 foramina of the sacrum has been connected to a an external battery
- The external lead connection will be removed and a larger pocket will be made for the permanent subcutaneous battery and connection
- Subcutaneous sutures will be placed, which will dissolve.





Post-operative care

- You will be given a remote device to control your settings
- It is not required that you fiddle with this, unless you do not have the desired effects
- The remote allows you to access 4 initial programs to switch between, to attain the desired effects
- The Medtronic representative is a phone call away. (mobile number provided) You would have received clear instruction s as to the use prior to discharge
- A further 3 programs can be programmed should the initial 4 not be useful
- The device is simple to operate, don't be scared, you won't disrupt anything

