Perineostomy – Perineal Urostomy

**Item Number:**

**Opening of the posterior Urethra on the Perineum**

Why is it done?

 Seldom done

 This procedure is performed when concentric extensive scarring in the urethra (strictures) causes Urinary Retention

 Long history of strictures.

 This is alternative to an invasive procedure where long periods of anaesthetic is contra-indicated and exstensive grafts may be required

 Usually for chronically sick patients who cannot under go surgery, yet are active enough not to want a permanent catheter.

 Patients who don’t want to / cannot do intermittent self-dilatation of these strictures

 Don’t want a permanent Indwelling Catheter penile/Urethral cripple



How is it done?

 Patients will receive a General Anaesthetic.

 A Flexible cystoscopy is done through your urethra or suprapubic catheter site to find normal urethra (usually posterior urethra)

 A urethral sound is placed/ catheter

 A perineal incision is made.

 Urethra is divided proximal (above) the stricture

 The opening of the urethra is brought out snd attached to the skin on the perineum (area between scrotum and anus)

 A catheter is placed

 Prophylactic antibiotics will be given to prevent any infections.



Complications

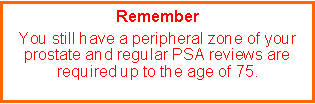
 Persistent pain in penile shaft

 Pain in Perineum when seated

 Scarring of the opening requiring dilatation

 Possible infection

 NB! Each person is unique and for this reason symptoms vary!



Copyright 2019 Dr Jo Schoeman